

# Empower Her

## LEADERSHIP

*Empower Her Leadership educates and empowers young women and girls of color to achieve their fullest potential as inspired, confident leaders.*

### **Empower Her Leadership Workshops**

**Empower Her Leadership Workshops** are interactive, skill-building programs for young women and girls of color that promote interest in leadership, heighten self-confidence, and develop leadership skills. Each workshop is designed to foster a supportive and inclusive environment that is a safe and healing space for emerging leaders of color to discuss and learn about leadership development.

### **Encouraging More Women & Girls Of Color To Lead**

Collectively, women and girls are a powerful constituency with a tremendous capacity to lead and impact the world. Their potential to do so, however, is often hindered by discrimination and a lack of resources and equal opportunities. This is especially true for women and girls of color in the U.S. Women of color, for example, make up 33% of the workforce, but only 12% of managerial and professional positions, 3% of Fortune 500 Board of Directors seats, and less than 1% of Fortune 500 CEO positions. The roots of these disparities are often planted years before a woman of color walks into any job.

This is because research shows girls of color express the strongest desire to be leaders. but they are often exposed to the fewest opportunities to develop leadership skills. Without access to leadership development training that builds skills, confidence, and networks, the barriers and under-representation in leadership will continue to persist.

### **Leadership Development Training**

Empower Her Leadership workshops nurture and prepare young women and girls to achieve their fullest potential as inspired, confident leaders. The workshops are dynamic, interactive leadership-building opportunities that can be formatted as two-hour, four-hour, or full day programs. Skill-building activities include:

- Public speaking
- Network building
- Equity and inclusion
- Leadership identities and abilities
- Visioning and goal setting



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### Who Should Attend

This program is for encouraging and cultivating changemakers who are:

- Thinkers, influencers, creators, activists, doers
- Age 15 – 25 years old
- Motivated and brave
- Willing to make a difference and know they can
- Excited to develop their leadership skills
- Ready to be a leader

### What To Expect

We know that participation in activities that expose young women and girls to leadership opportunities is strongly correlated with leadership aspirations. Our goal is for each participant to identify and discover her leadership skills, style, and confidence.

By participating in this course, participants will:

- Understand the fundamental principles of leadership development
- Be able to identify the characteristics of exceptional leaders
- Distinguish specific leadership behaviors they and others have
- Practice specific behaviors correlated with exemplary leadership performance
- Integrate specific leadership habits into their daily activities
- Evaluate their progress in developing as a leader
- Understand strategies to help others develop their leadership behaviors

### Empower Her Leadership Guiding Principles

- All young women and girls have the capacity to demonstrate leadership.
- Leadership is a process that creates social change.
- Leadership is purposeful and collaborative.
- Leadership is service.

### For More Information

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